

Stepping into the New Year



AyniAlchemy.com

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Why Do a Yearly Change Ceremony?

A ceremony brings awareness and direction to your life.

By intentionally reviewing the events of the outgoing year using ceremony, you make a clean break. Notice what worked and what didn't; remember your accomplishments and wins. And then intentionally let all these thoughts go to give you a fresh start with the incoming energies.

Follow the clearing ceremony with insights into the energies the incoming new year holds, both personally and universally.

Finally, take the opportunity to do some future planning based on those energies.

Choose the Best Time to do the Ceremony

- ◇ Start late in the current year (November-December)
- ◇ Take time on January 1st to clear
- ◇ Use either the Chinese New Year (~ February 4th) or the Chinese Lunar New Year (~Feb. 12th)
- ◇ Russian Orthodox New Year (Feb. 15th)
- ◇ Or use the clearing ceremony whenever you need a fresh start to your year!



What You Will Need:

Small pieces of paper to write on

Small candle

Matches/lighter

Receptacle for safely burning paper

Scissors to cut out Life Area Bagua cards

If you are a dowser, your favorite pendulum for testing

Farewell to 2020

INVOCATION to clear and prepare to let go of the old: *Seal yourself in a spinning column of white light. Now invoke the Violet Flame and your I AM presence to over light your body and being to harmonize your system and align with the Divine Plan.*

LIGHT A CANDLE FOR the YEAR 2020

LETTING GO OF THE OLD YEAR: 2020, the year of the Metal Rat, was a surprise for almost everyone, with the advent of COVID-19 and lockdowns. It was supposed to be a year of potential romance, with a bit of turbulence, fire, water and earth-type disasters thrown in. This was a #4 year of karma, hard work and responsibility.

REVIEW LAST YEAR:

1. Look at the *Life Areas* on page 9 and review how you did in 2020. Were there excuses, fears, disappointments, unpleasant surprises, or unwanted repeated behaviors that showed up? Jot them down on a slip of paper. At the same time, see how all of these events have actually served you, receiving their gifts of wisdom that fueled the path towards your destiny.
 - When finished, light your list with the candle flame and place in a receptacle to burn safely.
 - As the list of disappointments and worries is consumed by the fire, mentally spin the flame into your own column of white light to nullify any remnants of these energies, no longer part of your energy.
2. Now think of all the wins, breakthroughs and delights of this past year—who and what you are grateful for. Let the wisdom be acknowledged and blessed, fueled by the glowing flame. Write them down as well, then burn these, allowing your spinning column of light distribute them into your energy field as well as sending them into the Earth with gratitude.
3. Now see yourself in the highest light, blessed with the experiences acquired in 2020, knowing you are ready to move into the new year without any baggage from the past.

Neale Donald Walsch said:

“Whatever last year was for you, call it perfect. Do not argue with it. Do not regret it or call it bad. It was as it was because evolution demanded it. You don’t have to hope that this is true, you don’t have to believe that this is true, you can know that this is true. Do you know how you can know that this is true? Because it happened the way it happened.

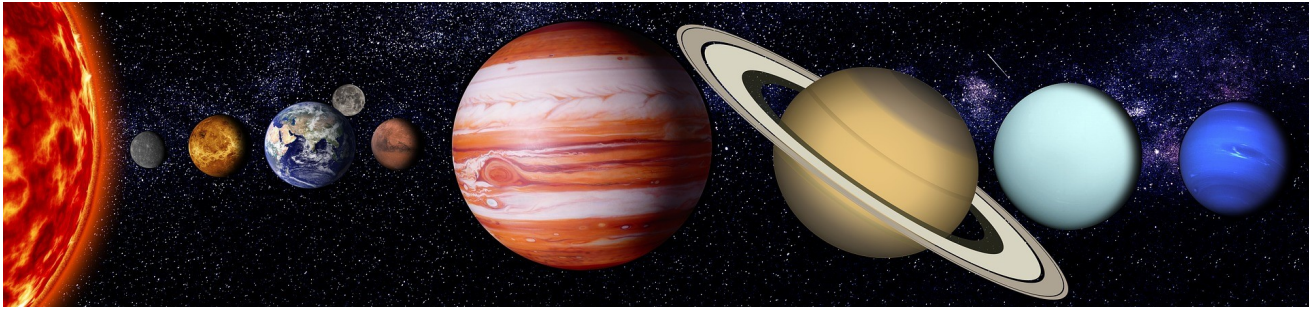
The idea that kills us, that makes our minds go crazy, is the idea that it should have happened another way. Obviously, it should not have, or it would have. We do not live in a universe of random chance. Nor is God sadistic, tossing us into the fire and then offering to pull us out. Our opportunity, then, is to move into gratitude at every occurrence.

Thank you God, for last year and everything that happened. And thank you for the new year and everything that will happen.”

Welcoming the New Year of 2021

The new year has several overlapping layers of energy that affect us and the more you are in sync with these, the smoother your year will be. Let’s explore some of those layers.

Western Astrology



2021 will be the 'cosmic reset button' from December's major Pluto-Saturn conjunction

What We Will See in 2021:

- Releasing attachment to the way things have been and seeing creative potential as structures collapse
- Continued protest movements, collective action and rapid major change in social movements and environmental reform
- Living online a lot!
- Life-changing and creative advances with technology and the internet
- Major developments in cryptocurrency
- Technological advances for food

1st Quarter

January brings chaos and a need for creativity. Once February arrives, we will have the opportunity to adjust to whatever reshaping we have been experiencing personally. Later in February, we can gain greater clarity for the way our life has been shifting on both internal and external levels, helping us find ways of cultivating greater stability and creativity as we deepen into embracing the changes taking place.

2nd Quarter

Begins more calmly than January and February, but change will accelerate again at the end of April and the beginning of May. There will continue to be increased movement and volatile shifts during the second half of May and first half of June. The entrance of Jupiter into Pisces on May 13 will be an 'angelic sign of hope' and there will finally be more optimism.

3rd quarter

The first week of the third quarter is a time of recovery and checking-in with however our story has been changing. The month of July will be the most momentous month of the third quarter — an important time for coming to terms with what you want within your relationships and how you want to creatively express yourself. The month of August and first half of September can be a restorative period for stabilizing anything that moved out of balance in July.

4th Quarter

Mercury retrograde in Libra creates a disruptive influence that will test relationships. While October will bring cathartic experiences that can regenerate your purpose in life, there will be amplified waves of volatility arriving in November. December 2021 will make it clear that personal and societal structures will be continuing to change and that we will need to deepen into how we have been reshaping our life. Late December, we will need to shed whatever has become inauthentic and embrace the possibility of liberating ourselves from old restrictions. The entrance of Jupiter into Pisces on December 28 will serve as a beacon of light that can guide us toward the expansive potential available as 2021 draws to a close.

STEPS TO TAKE IN 2021

- Ground yourself
- Know your emotions
- Radical self-care
- Speak your truth even if it feels risky
- Courage
- Be prepared to be alone this year if need be

Sources: <https://www.purewow.com/wellness/astrology-predictions-2021>
<https://www.astrology.com/article/2021-astrology-predictions/>
<https://spiritlibrary.com/sarah-varcas/the-astrology-of-2021-an-overview>

Chinese Astrology: Year of the Metal OX

Begins February 12th



SUMMARY:

The Yin Metal Ox Year (with Yin Metal on the top, supported by weak Earth on the bottom) is a symbol of a harsh and cold atmosphere that incites disharmony, conflict, assassination, and terrorism. As the world economy continues to decline, there will be an atmosphere of distrust and heightened emotional intensity. People may choose to resort to violence in achieving their ideology and bring about more protests, demonstrations, and anti-government sentiments. Natural disasters such as earthquakes, landslides, sea and air accidents, environmental disasters, and world epidemics will continue to persist and prevail. Bleak but, on the upside, we can expect 2021 to bring us a year of innovation.

Qualities of Yin Metal and Ox

Yin Metal is often compared to that of a delicate piece of jewelry, beautiful and graceful, but its opposite nature is cold and brutal, like a dagger. What's more, the Ox sign is considered "winter earth" without warmth. Without any fire element, 2021 will seem quite bleak, scary, and even dangerous.

Relationships with Other Animal Signs

People born in the Year of the Ox (1913, 1925, 1937, 1949, 1961, 1973, 1985, 1997, 2009) are said to be "offending the Grand Duke" (offending the energy of the year). Also, if you were born in the Year of the Goat (1919, 1931, 1943, 1955, 1967, 1979, 1991, 2003, 2015) you are in direct clash with the year. Clashes will bring turbulence, movements, accidents, or big changes. It is recommended to carry a jade pendant of the Rat to reduce the negative influence as well as avoiding risky sports such as driving fast cars, piloting airplanes, skydiving, or parachuting. Animals in harmony with the Ox are the Rat, Rooster, and Snake.

Health

In Traditional Chinese Medicine, the Metal Element represents the breathing organs, including the lung, nose, and skin. The 2020 COVID-19 pandemic will continue along with more cases of the flu and viral infections affecting people. Furthermore, with Fire totally absent and the Earth Element of the Ox very weak, both contribute to weakness of the stomach, digestive problems, and diabetes. The weakness of Fire also impacts Fire organs (heart, blood circulation, and overall vitality of the body). The excessive amount of Water this year could wreak havoc on the urinary system, kidneys, and reproductive organs.

To bring balance, one can consider taking certain health supplements such as antioxidants and Coenzyme Q10.

Stock Market and Economic Outlook

In general, pessimism, cynicism, and despair will set in and contribute to general economic decline.

Industries that can thrive: Fire Element Industries (energy, power generation, restaurants, and entertainment) and Earth industries (real estate, land development, mining, insurance, computer software, and technology).

Those that will not make money this year are the Metal industries (automobiles, engineering, banking and machinery), Water industries (including shipping, transportation, communication, and beverages), and Wood industries (fashion, media, books, the environment, and climate change).

Source : go to www.raymond-lo.com and search for the 2021 reading.)

The Numerology of 2021

$$2021 = 2 + 0 + 2 + 1 = \#5 \text{ Universal Year}$$

2021: a of Adaptability, Solid Direction, and Unpredictability.

Numbers and number combinations have a frequencies which affect us. A Universal Year number means that everyone on the planet will experience the energy of that particular number during the entire year, from January 1 until December 31.

As we pivot on the 5 mid-point this year, we have the vantage of reflecting on where we have come from (1, 2, 3, 4) as well as visioning where we are headed (6, 7, 8, 9).

In Numerology, the number 5 is the energy of instability and uncertainty; lack of discipline and order; about pushing boundaries, exploration, and bringing in new ideas. Our higher purpose should be to shed the old and move into a contemporary and inclusive new state of being. So expect the unexpected! Don't make any hard concrete plans, instead choose to flow in the direction of your heart wanderings.

Everything that shattered in 2020 is calling to be re-assessed, re-envisioned, and re-aligned during the next 12 months. However, this is not the year for putting the shattered pieces back together (that starts in 2022). Instead use it to determine whether ANY of the pieces even need to be kept at all. Then have the courage, tenacity & freedom to envision an entirely NEW life.

In the 5 year of 2021, you have the choice of embodying a year of *FEAR* (holding on to the past and past fears), or a year a *LOVE* (using wisdom of the past to create your new divine future). What you focus upon and choose to feed is what you will experience and become! Which you will you choose?

Best Ways to Use the Energy of a 5 Year:

- **BE CURIOUS:** Use critical thinking and investigate long-held beliefs — and be open to changing your mind. Learn to embrace change, accept conventional approaches, and adapt to new circumstances.
- **FOCUS:** Single-tasking goes a long way.
- **EMBRACE UNCERTAINTY:** We will be forced to move off of center, as the old world is dissolving and the new world is gestating. It is all up for review, updating, and re-vision. The #5 is great for ideas. The test is to take a good idea and follow through with disciplined and systematic steps, to transform it into a sustainable reality.
- **HAVE FUN & BE RESPONSIBLE:** After a year of quarantine and isolation people will want to “get this party started” this year. Watch out since the energy of the 5 can default into excessive behaviors.
- **LET IT GO:** You have friends, family, neighbors, co-workers that are trapped in the old story of separation and fear. Let go of the need to control the awakening of others. This year simply show them the LIGHT.
- **FREEDOM vs. ESCAPE:** The 5 year will bring you face to face with deeply held fears and with how we internalize (or externalize!) our desire for freedom. Stay flexible and adaptable. Accept change.
- **ASK:** How can I obtain the personal liberties I desire without taking away the liberties of others on the planet?

Source : <https://feliciabender.com/numerology-forecast-for-2021-5-universal-year/>

Source: <https://www.universallifetools.com/2020/12/numerology-2021-universal-5-year-meaning/>

Finding Your Personal Year Number

EXAMPLE

Date of Birth = 5.24.1987
Personal Year = 7

BIRTH MONTH + DAY OF BIRTH + CURRENT YEAR = PERSONAL YEAR NUMBER			
5	24 = 2 + 4 = 6	2021 = 2 + 0 + 2 + 1 = 5	5 + 6 + 5 = 16 = 1 + 6 = 7

In each box, reduce the numbers to a single digit; then add the three numbers and reduce that number to a single digit for your personal year number.

BIRTH MONTH + DAY OF BIRTH + CURRENT YEAR = PERSONAL YEAR NUMBER			

Interpretations of the Personal Year Numbers

(The effects of your current personal year will be strongest around your birthday.)

Personal Year 1: Planting Seeds, Rebirth, Beginning of An Era

— In a #1 personal year you are ready to set new goals for the next cycle, feeling enthusiastic and motivated. You have gained much wisdom from the previous cycle and now have the choice to put this wisdom into practice. Take action and physically plant the seeds. Use the entire rainbow, but especially yellows, flaming oranges, and purples to strengthen your sun vibration this year. The Lion and Hawk are also sun totems you may wish to connect with.

Personal Year 2: Patience, Decisions, Waiting for the Right Moment

— Your personal year number #2 is about relationships, alliances and making choices. As your planted seed from year #1 begins to grow, you have more understanding about your project, and may have to adjust your vision, find others to help, etc. There may be frustration due to delays, obstacles and waiting. Moon symbols and the silver color can be used in meditation to better connect with the energy. Water creatures are excellent totems to work with as well.

Personal Year 3: Fun, Joy, Expansion, Celebrating Success

— In your #3 personal year you will begin to see more wins and success from year #2 choices. Your ambition is likely to increase this year, and you may find yourself more confident and good things fall into your lap. However, don't say 'yes' to everything or you can end up overloaded and burned out. Try visionary endeavors and spiritual journeying. Travel is also a favorable activity under this vibration. Smiley faces, purples, and symbols of joy make excellent totems for the year.

Personal Year 4: Karma, Hard Work, and Responsibility

— How you choose to align with this year will determine whether you will experience a year of grace & ease or find it to be the year from hell. Make good on all your commitments from your Personal 3 year and take responsibility by walking your talk. Reflect on your patterns and how these may be molded from old beliefs, opinions of others or possibly playing out stories of past lives. This is a year of 'growing up', being prepared to break the cycles of old and all that is not working and make fresh decisions from a place of higher purpose and highest soul potential. This is a 'roll your sleeves up' type of year and getting down to work . . . How committed are you really to your goals that you made in Personal Year #1? Rebel symbols, jugs, and half-tone colors connect to this vibration.

Personal Year 5: Independence, Freedom, Adventure

— In your #5 personal year you discover that you are actually FREE to make CHOICES about your own life and you are not bound by the thoughts, opinions or beliefs of others. Put this new found freedom to work and go travelling, make new friends, seek out new adventures and ditch the routine. Focus on self-expression and connect to communication and the mental realm. This is an excellent year for healing and developing your voice and acquiring your own life definitions. Winged totems and the color blue tap into this vibration.

Personal Year 6: Lovers, Family, Home & Heart

— Your #6 personal year is about blossoming all of your Heart connections, like spending more time with family and friends, practicing forgiveness, getting engaged or married, new friendships. You may also be guided to build the heart of your home or business, nesting and being of service to others. Learn to attract the things you need by meditating with magnets. Focus positive healing energy on the areas where its most needed. Heart-warming and sensual totems, pinks, and pastel colors can be worked with to access this vibration.

Personal Year 7: Reflection, Learning, Self

Analysis — Your #7 personal year is a time for deep self-reflection. Deep meditation can reveal major insights and psychic gifts. Dream work and other-world studies can open you to valuable insights. This is a big year of facing some truths, going within and seeking answers to some of the big questions. This is a year to find out how you can be the ‘alchemist’ and manifest your dreams for not only your highest purpose but for the highest good of all. You may be guided this year to spend more time by yourself, travel outside of your local area or even take up a new course of study. Deep water totems and watery nebulous sea green and sea pastel colors can aid you in connecting with this energy.

Personal Year 8: Health, Wealth and Abundance

— Your personal #8 year magnifies what you are focusing on. Focus positively on abundance in finances, career & wealth and returns will flow in. Avoid poverty-stricken thoughts or that reality will manifest. Use this vibration to toughen up, and set firm foundations. The colors navy, black, and the darker hues of red, green, purple, indigo, etc.); clocks, aged and similar wisdom totems can help you connect with this vibration.

Personal Year 9: Completion, Taking Personal Inventory, The End of a Cycle

— Your #9 personal year is a one of transformations and endings. It is a great time to reflect on the end of the 9 year cycle—experiences, wisdoms gained, decisions on how to start the next cycle. Under this vibration you will be very “fiery” and have a stronger access to personal power but be careful how you wield it, and take special care when angry and around dangerous objects. Breathe, be, and rest and recuperate this year. Tie up all loose - ends this year, let go of what is no longer needed for the next cycle. The color red and action totems can help you.

IMPORTANT NOTES:

- If your birthday month is later in the year, your personal year energy kicks in later, so you will still be under partial influence of your previous personal year until then.
- **“KEY ENERGIES”:** As you read your personal year interpretation, a few words or a sentence may ‘jump out at you.’ This is a signal that what got your attention is important for you to be aware of. Write those down on the worksheet (page 8). Do the same, if triggered, as you read the astrology and/or universal year reports.

For dowsers, simply let your pendulum move in a gentle, neutral swing over a vertical line as you read the materials — while also taking note if the pendulum moves off that neutral line. If that happens, it means the word or words are a message for you.

Setting Focal Areas for 2021 Using the Bagua Life Areas

Using the Life Area Bagua cards (you can copy page 9 and cut out them out), find one to three of the most important life areas that your subconscious wants you to work on during the coming year. Do the following:

1. Meditate or sit quietly for a few minutes, then ask *"How can I help create my new future from its present state, without pulling from the past?"*
2. Shuffle the cards and lay them all out, face down, in front of you. Next pick two or three of them by using your intuition, testing with a pendulum, or doing body dowsing. DO NOT USE YOUR CONSCIOUS MIND.
3. Identify the life area of each card chosen, then test which aspect(s) of that life area are key energies for you. Again, you can use either intuition or dowsing to decide. The aspects are found below.
4. Record your answers in the Life Area chart in the middle section of the Worksheet on page 8.
5. Layer and compare these chosen aspects to the energies of the Universal and Personal Years, as well as the astrology readings.
6. Plan on what action steps would be advantageous for 2021 to work on these focus points.

For Example:

Layer 1: The universal year #5 energy is about adaptability, solid direction, and unpredictability. My pendulum alerts me to the word 'solid direction' as most important for my reading.

Layer 2: My personal year is #4 and the important aspects found in the interpretation of that year (found on page 5) include 'walking my talk', 'breaking old cycles, getting rid of what is not working, and making new decisions from a higher purpose.'

Layer 3: I draw the Life Area Relationships card #2—with the key energy testing as 'relationship with yourself'.

Layer 4: I also drew Life Area #5 card—Health/Unity which showed the key energy as "chronic health problems if areas are cluttered." This also fits with personal year #4 (getting rid of the old).

INTERPRETATION: This year I need to take steps to consistently/solidly move ahead in life, always coming from a higher soul purpose and potential, changing my life by making the best decisions and definitely decluttering every aspect of it.

Life Areas and Aspects

<p>PROSPERITY 4</p> <ul style="list-style-type: none"> • This is the flow of universal abundance—it can be material possessions or money, or it can be blessings and prosperity in any other form. • Short term money issues? • Make money but it goes out fast? • Poor judgment when dealing with money? 	<p>FAME / ASPIRATIONS 9</p> <ul style="list-style-type: none"> • Expression of your individuality, what lights you up in your life, what you are known for. Also your spiritual enlightenment and self-realization. • How's your charisma? Your life clarity? • Do people talk about you? • Do you need courage to do something? • Do you have a lot of fear? • Business need improving? 	<p>RELATIONSHIPS 2</p> <ul style="list-style-type: none"> • Relationship with family, friends, spouse, business associates, children. • Feeling depleted in relationships? • Looking for a committed relationship? • Wondering why you attract who you are? • Relationship with yourself
<p>ELDERS/FAMILY/BOSSSES 3</p> <ul style="list-style-type: none"> • Your heritage, ancestors, parents, superiors, and influences from the past. • This is the foundation from which you operate, either consciously or subconsciously. 	<p>HEALTH/UNITY 5</p> <ul style="list-style-type: none"> • If all other areas are in balance, we experience good health. • Connected to our happiness and enjoyment of life as well as health and vitality. • Chronic health problems if area is cluttered. 	<p>CHILDREN/CREATIVITY 7</p> <ul style="list-style-type: none"> • What you create or give birth to. • Trouble having children? • Trouble with your children? • Children leaving home early? -or not leaving at all? • Wish you were more creative? • Feeling burned out in life, job or hobby? • No opportunity for you. Feeling limited?
<p>CONTEMPLATION/SKILLS 8</p> <ul style="list-style-type: none"> • Education level, new learning, introspection, meditation and inner guidance. • To improve your studying, intuition, spiritual focus, or guidance from your High Self. 	<p>JOURNEY/CAREER 1</p> <ul style="list-style-type: none"> • Job satisfaction. • Spiritual path. • The way you approach things generally. • New beginnings and opportunities. 	<p>HELPFUL FRIENDS 6</p> <ul style="list-style-type: none"> • Networking • This may mean help from family, friends, colleagues, officials, strangers or even opening a book and finding an answer you've been looking for. • Doing everything yourself? • Cannot find the right helpers to house sit, at work, for healthcare, in business, etc.? • Traveling too much? - not enough?

WORKSHEET

(See bottom of page 8 for finding the 'key energies')

Key Energies of Western Astrology	Key Energies of Chinese Astrology
Key Energies of Universal Year #5	Key Energies of My Personal Year

Life Areas and Key Energies to Focus on (list primary aspect and thoughts about why a life area came up)		
PROSPERITY 4	FAME / ASPIRATIONS 9	RELATIONSHIPS 2
ELDERS/FAMILY/BOSSSES 3	HEALTH/UNITY 5	CHILDREN/CREATIVITY 7
CONTEMPLATION/SKILLS 8	JOURNEY/CAREER 1	HELPFUL FRIENDS 6

2021 Special Focus Points or Statement	
1	<ul style="list-style-type: none"> • Know why you are doing something (and if you hate it, don't do it!) • No one knows the future (and it won't look the way you expect.) • Do good stuff (it doesn't have to be earth shattering.) • Give things time. • Just Do It! (Get something out there so you can learn and improve.)
2	
3	

BA GUA LIFE AREAS

Print out on (stiff) paper and then cut them apart to use for selecting goals for 2021 or to do readings.

<p>PROSPERITY 4</p> <ul style="list-style-type: none"> • This is the flow of universal abundance-it can be material possessions or money, or it can be blessings and prosperity in any other form. • Short term money issues? • Make money but it goes out fast? • Poor judgment when dealing with money? 	<p>FAME / ASPIRATIONS 9</p> <ul style="list-style-type: none"> • Expression of your individuality, what lights you up in your life, what you are known for. Also your spiritual enlightenment and self-realization. • How's your charisma? Your life clarity? • Do people talk about you? • Do you need courage to do something? • Do you have a lot of fear? • Business need improving? 	<p>RELATIONSHIPS 2</p> <ul style="list-style-type: none"> • Relationship with family, friends, spouse, business associates, children. • Feeling depleted in relationships? • Looking for a committed relationship? • Wondering why you attract who you are? • Relationship to Yourself
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Remember

Cleaning your home, car, and computer will go a long way to resetting your energy in the new year

Clean and set up a money bowl for the new year.

Practice Ho‘oponopono: *“I am sorry. Please forgive me. I love you. Thank you.”*

Be the **neutral observer** of everything and everyone in your universe.

Hang in there!

Close

1. Be sure to use the worksheet included and gather your most important information for the year.
2. Renew your column of white light, bring in a fresh Violet Flame and your I AM presence.
3. Now see yourself in the highest light, knowing you have everything within you to succeed as you move into the new year.
4. Welcome the year 2021—the year of cosmic reset!



ADDITIONAL RESOURCES:

AyniLifeWeaving.com (clearing, coaching and ascension work)
AyniAlchemy.com (health and wellness tips)
AyniWritePress.com (books, publishing)
SacredJourneysWellness.com (healing support)

LifeSeedCodes.com (ascension, music, activations)
<https://thepowerpath.com> (astrology)
biorhythm-calculator.net (Biorhythms)
[FLFE.net](https://flfe.net) (soothing energy transmission)